

Oasis EyeQ

The Official Newsletter of OasisEye Specialists



EDITOR'S NOTE

Dear friends,



October is a very significant month for all eyecare providers, as this is the month where we observe the annual World Sight Day (WSD)! Observed on the second Thursday of October every year (which falls on 14th October this year), WSD focuses our attention on global issues of vision impairment and blindness suffered by many people worldwide. This year's theme is **LOVE YOUR EYES**, and the call to action is **EVERYONE COUNTS**.

While it may sound daunting to ensure that **EVERYONE COUNTS** in our effort to combat blindness globally, we can take small steps by being aware of our own eye health. Care for them, protect them and #LoveYourEyes. Our eyes are indeed our window to the world, capturing every moment and leaving a lasting impression in our minds. So it is imperative that we take good care of them.

In conjunction with this year's World Sight Day, OasisEye Specialists organized a photography competition for all its 3 centres. The winners of the competition will be announced in this newsletter!

On another matter: the OasisEye family is getting bigger! We welcome a few new recent additions, most notably Mr. Dharan our consultant ophthalmologist, and Ms. Vinodhini our low vision specialist. A warm welcome and happy collaboration!

Dr. Teh Wee Min

Consultant Ophthalmologist and Vitreoretinal Surgeon
OasisEye Specialists Seremban



The National Immunization Program



We are honored to partake in the COVID-19 National Immunization Program (PICK) and was a public vaccination centre since 5th July 2021. Our Vaccination Centre at all 3 branches officially ended on 23rd September 2021. We would like to publicly thank everyone who participated in our vaccination program including nurses, doctors, optometrists, and of course the volunteers. Our vaccination program would not have been a success without you!

In total, our 3 branches in KL, Seremban and JB administered over 9000 doses of vaccine to the public.

Up to 1st October 2021, 73% of the Malaysian population have received at least one dose of the vaccine and 63% have been fully vaccinated. Despite being vaccinated, let's not be complacent. Let's continue to mask up, practice physical distancing and stay healthy! Protect yourself, to protect others!



Welcome Mr M. Dharan Duraisamy Our Consultant Ocularist

Mr Dharan is a trained and experienced ocularist and ophthalmic optician. According to the American Society of Ocularists, an ocularist is a trained professional in the art of fitting, painting and fabricating customized ocular prostheses. Ocular prostheses are known as artificial eyes, which come in various forms. Mr Dharan has been a qualified ocularist since 2006. He is trained in fitting customized ocular prostheses, scleral prostheses, orbital prostheses, prosthetic contact lenses, accentrix prostheses, and conformers. Besides for cosmetic purposes, prosthetic eyes are important for medical purposes and psychological purposes as well. Mr Dharan has worked in several notable eye hospitals in Klang Valley.



Welcome Ms Vinodhini Naidu Our Low Vision Specialist

Ms Vinodhini is an optometrist and specialized in low vision. She is passionate about vision rehabilitation and the use of latest technology to help improve the lifestyle of visually impaired individuals. She is particularly keen on rehabilitating children with vision impairment, as it could open up opportunities for a brighter future. She completed a fellowship in Binocular Vision and Vision Therapy at Sankara Nethralaya Hospital, Chennai. At Chennai, she was posted to the Low Vision clinic and visited the Little Flower Convent Blind School was inspired to how visually impaired children gained an education. Recently, she completed a Low Vision Certification programme to further improve my skills. Her objective is to improve the lifestyle of vision impaired individuals and encourage low vision children to partake in mainstream education with the help of low vision aids.





October is
World
SIGHT
Day

Let's Talk About: Ocular Prosthesis

An ocular prosthesis is an artificial eye that ocularists implant in patients who have lost their eyes due to various reasons. Some of the common causes of include trauma, surgery, cancer, shrunken eye (phthisis bulbi), abnormally small-sized eyes from birth, or congenital absence of the eye.

What, who and why?

What

Prosthetic eye or commonly called stone eye or artificial eye are usually ready-made stock eyes which comes in different sizes and colors. Customised prosthetic eyes are designed according to the orbital shape, volume and color to mimic the fellow good eye.



Patient who has undergone:

1. Enucleation (Total removal of eye ball)
2. Evisceration (Partially removed eye ball)
3. Endophthalmic Eye (Shrunken eye ball)
4. Unsuccessful treatment of opaque cornea

Who

Why

1. Therapeutic - to prevent infection and collapse of eye socket
2. Cosmetic - to give a presentable appearance
3. Psychological - to give the person a boost in self confidence in public



Types of Ocular Prosthesis

1. **Scleral Shells** – made of a thin and transparent hard plastic material with a central dark-coloured painted disc resembling the iris. They can disguise an opacified cornea and other visible abnormalities.
2. **Stock Shells** – readymade acrylic shells that are used in patients with moderately shrunken eyeballs and in newborns and children with congenital absence (anophthalmos) or abnormally small eyes (microphthalmos). Because they are readymade, they do not always accurately match the colour of the patient's natural eye.
3. **Custom-Made Prosthesis** – Custom-made artificial eyes are made of high-quality acrylic material that accurately fits into the patient's eye socket. They are also hand-painted to perfectly match the colour of the other eye.



How to Care for the Prosthesis?

1. **Keep it clean.** At the end of each day, wash it with soap and water, dry it before putting them back on.
2. **Polishing.** Every 4-6 months, send the prosthetic eye for polishing to prevent inflammatory reactions.
3. **Replacing.** Artificial eyes should be replaced every 1-2 years for growing children, and every 3-5 years for adults. Replacing them is important so that they are always clean, comfortable, and well-fitting.

Challenging IOL Implantation Workshop

This workshop aims to provide tips on challenging IOL implantation to ophthalmologists and trainee doctors.

If you wish to register, please click this link: <https://bit.ly/oes-iol>







 OasisEye Specialists

Challenging IOL Implantation Workshop

28th October 2021 | 8.00 pm - 9.30 pm

Click this link to register: <https://bit.ly/39K391p>

1 CPD Point
 will be awarded

Time	Itinerary	Speaker
8.00 pm - 8.05 pm	Introduction	Dr Kenneth Fong
8.05 pm - 8.20 pm	Overview of IOL options in the absence of capsule support	Dr Teh Wee Min
8.20 pm - 8.35 pm	Artisan iris fixated retro-pupillary IOL implantation	Dr Kenneth Fong
8.35 pm - 8.50 pm	Scleral fixated IOL implantation for trauma or congenital aniridia	Dr Mano Shunmugam
8.50 pm - 9.05 pm	Case presentation	Dr Ling Kiet Phang
9.05 pm - 9.30 pm	Discussion	All Doctors



Dr Manoharan Shunmugam
Adult & Paediatric Vitreoretinal Surgeon



Dr Kenneth Fong
Vitreoretinal Surgeon



Dr Teh Wee Min
Vitreoretinal Surgeon
Seremban

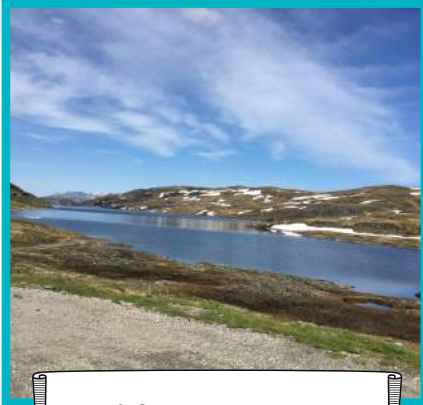


Dr Ling Kiet Phang
Vitreoretinal Surgeon
Johor Bharu

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World Sight Day 2021 Photography Contest

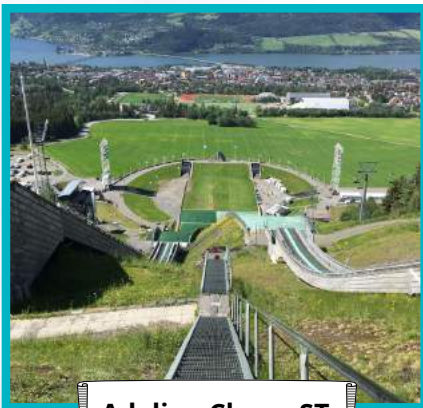
Congratulations to all the winners of the photography contest we organized on our Facebook page! If your name is here, you have won Aeon vouchers worth up to RM150!



Patrick Haw Swee Beng



Nick Kee



Adeline Chong ST



Melinda Lee

For more information, visit our website or videos by clicking the link below:

- I Only Want Glasses by Dr Teh Wee Min** : <https://youtu.be/YzdGuPZaQvQ>
- Botox Injections by Dr Tai Lai Yong** : <https://youtu.be/iLMDFAE7a54>
- Apa Itu Selaput by Dr Teh Wee Min** : <https://youtu.be/H3WLgYm43M0>
- Entropion by Dr Tai Lai Yong** : https://youtu.be/xqpCD_-kDV0
- Watery Eyes by Dr Tai Lai Yong** : <https://youtu.be/HZfnuxxnMJw>
- Kecederaan Mata oleh Bahan Kimia by Dr Chan Choon Teng** : <https://youtu.be/gPA6AkveHfU>
- Strok Mata & Oklusi Vena Retina by Dr Ling Kiet Phang** : https://youtu.be/gb_bD9Xypb0